



**Summer 2024  
Career Internship Program  
For Rising Seniors  
July 8-August 6**



## **What is a Summer Career Internship??**

- An opportunity to explore a career field you are interested in pursuing in college and beyond!
- You will be matched with a local professional who works at a Plattsburgh organization related to one of the top 3 career fields you indicate on your application.
- If you successfully complete your internship, you will receive an internship stipend of up to \$600, in addition to your regular summer stipend amount.

Please submit your application to the UB Office in Hawkins Hall (Room 010) or to your UB Counselor. Applications that are missing sections or turned in late may not be accepted. Email Steffaney at [swilc002@plattsburgh.edu](mailto:swilc002@plattsburgh.edu) with questions specific to the summer career internship program or message us on Facebook!

### **Upward Bound Contact Information:**

**Phone:** 518-564-2030

**FAX:** 518-564-3035

### **UB Counselor Emails:**

Steffaney Wilcox: [swilc002@plattsburgh.edu](mailto:swilc002@plattsburgh.edu)

Julie Coon: [julie.coon@plattsburgh.edu](mailto:julie.coon@plattsburgh.edu)

Kailah Easton: [keast002@plattsburgh.edu](mailto:keast002@plattsburgh.edu)

Max Longware: [mlong015@plattsburgh.edu](mailto:mlong015@plattsburgh.edu)

**\*\*Deadline for Application: March 29th, 2024\*\***

**(Application on back)**

# Upward Bound Career Internship Application

## Summer 2024

Career Internship applications will be reviewed based on the quality of the application, academic performance, and participation in Upward Bound academic year activities. Applications should be neat and completed as directed.

**\*\*Deadline for Application: March 29th, 2024\*\***

### **Section 1: Cover Page**

**Name:** \_\_\_\_\_ **School:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address** (List the one you check the most): \_\_\_\_\_

### **What career fields are you interested in?**

(Please make sure to list 3 separate career fields and not different jobs in the same field).

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

### **Section 2: Written Response**

**Please attach at least 1 typed page (about 500 words) answering the following prompts/questions as thoroughly as possible.**

- 1) List your top 3 career interests and **describe** why you would like a career in one of these fields.
- 2) How would this internship experience help you achieve your career goals?
- 3) How might this experience assist you in selecting your college major(s)?

**Applicant Name (Print):** \_\_\_\_\_

**Applicant Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_