

SUNY PLATTSBURGH UPWARD BOUND STUDENT NEWSLETTER

DECEMBER 2023 - JANUARY 2024

BRIAN'S STUFF

Hello Everyone,

The holiday season is now officially upon us with a little snow to make it feel like winter! As you will soon find out upon reading these pages, UB has had a very busy fall. As the school year progresses, we will continue to offer you plenty more exciting opportunities to participate in. I know it's not quite the same as the Summer Program, but it's important to participate and stay connected with Upward Bound throughout the school year. Meeting with your UB Counselor regularly and participating in events keeps you on point with your studies and consistently planning for your college future.

Seniors, I know you are busy and have a lot on your plate, but also try and enjoy this final year of high school!

See you next year at our next great event!

~Brian

TAKE A PEEK INSIDE:

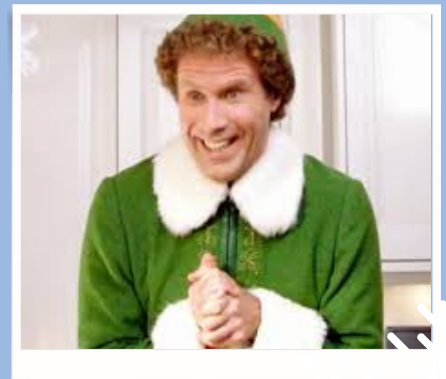
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Scholars Inc.

OFF TO A GOOD START

Seniors, great job to all of you who submitted your college applications by November 30! The next step will be completing the FAFSA in early January. We will be here to help! If you continue to stay on track, you will be eligible for monthly drawings for UB swag! If you meet all the milestones...a laptop could be in your future!



"I JUST LOVE UPWARD BOUND.
UB IS MY FAVORITE"





COUNSELOR'S CORNER



with Max

Study Smarter Not Harder This Winter

The shorter days and colder weather signify that winter is on its way. Other markers that we are ending the year are our first quarter grades, and holiday breaks that interrupt, but also give us a chance to reflect on our performance so far this school year. Whether your grades are great or getting there, it is always a good time to improve your habits when studying and learning information! Below are some fun suggestions to improve your studying techniques, help retain the information you learn, and process the information into deeper levels of understanding, not simply memorization!

- 1: Studying alone is great for focus, but studying with friends can be fun!** Come up with fun ways to incorporate your curriculum into your activities, whether its high stakes spelling bees, turning reading exercises into comedy shows, or just having someone around to keep the vibe light while work is being done.
- 2: Index cards are more than just a piece of paper.** Index cards are so versatile, and can always be used in a game of Jeopardy, matching pairs, or cue cards for a quiz show! If you have a lot of definitions and vocab, index cards break up the block of words staring back from the page!
- 3: Treat Yourself!** Studying can be work, and sometimes we need more than the feeling of a job well done to motivate us to do it again. Reward yourself when you are done studying, get a fun snack, sing along to your favorite song, or take some time to just decompress. Rewarding yourself will make you more likely to do the work again!
- 4: Learn, Relearn, Retain:** The best way to learn information is to go over it multiple times. Don't let the first time you learn something be the last time you visit it. Rereading, going over similar math problems, and refreshing your geography or dates are the best ways to retain information. The more you go back to information, the more it will stick with you. It is a great injection into games, as they get easier to answer over time, and it will show you how much progress you are actually making!
- 5: Studying is about more than just the work.** It is about the way you live. Overstressed, overworked, overtired bodies are not the best fit for learning new info. Eating healthy, exercising, socializing, and getting appropriate rest will make you feel like your best self, and allow you to put your best self into everything you do, including studying. It will ward off the feelings of stress and fatigue, and will give you a natural sense of engagement in the tasks ahead!



COLLEGE APPLICATIONS!

Allen, Lucas - CCC, SUNY Canton, SUNY Plattsburgh, SUNY Brockport, St. Lawrence, Keuka, UAlbany, SUNY Potsdam

Baisi, Kendra -

Begg, Maddison - SUNY Plattsburgh, SUNY Potsdam, Siena, CCC

Besio-Melech, Noah- SUNY Plattsburgh, Alfred State, SUNY Canton, SUNY Potsdam, SUNY Oneonta

Bissonette, Emily- SUNY Plattsburgh, SUNY Oswego, SUNY Potsdam, SUNY Morrisville, Skidmore, Clarkson, U Albany, SUNY Canton, Siena

Blair, Tess - Clarkson, Siena, St. John Fisher, Johnson & Wales, U of New Haven, RIT U Albany,

Bosley, Sophia- SUNY Plattsburgh

Bushey, Zoey - SUNY Plattsburgh

Carter, Trinity- Adelphi, Albright College, Canisius College

Charland, Alex- CCC, SUNY Plattsburgh

Cook, Leanne - Clarkson, SUNY Plattsburgh, UVM, SUNY Binghamton, St. Michael's College

Cook-Chevier, Rebecca- SUNY Plattsburgh, SUNY Canton, SUNY Oswego

Coolidge, Lanie - SUNY Plattsburgh

Crawford, Jacob - SUNY Oswego

Creighton, Natalie -

Cribb, Oliver -

Curry, Aleah -

Davis, Bree- SUNY Canton, SUNY Delhi*, U Albany, HVCC, Lebanon Valley College, Husson, LeMoyne

Dawson-Ellis, Alex- SUNY Purchase, SUNY Poly, SUNY Stony Brook, Full Sail U, NYU, U of Louisiana- Lafayette

Dodge, Ellie- SUNY Oneonta, SUNY Delhi, SUNY Cobleskill, Paul Smith's

Dupee, Kaleb - SUNY Canton, SUNY Cobleskill

Gadway, Logan - SUNY Plattsburgh

Garrant, Gabriel -

Gonyo, Sam - SUNY Brockport, SUNY Plattsburgh, SUNY Brockport, Baylor, Penn State, Arizona State, Ithaca, Hartwick

Goodman, Alauna - CVPH School of Radiology

Guerard, Marissa - SUNY Plattsburgh, SUNY Potsdam, SUNY Fredonia, NYU,

Hathaway, Madison- SUNY Delhi, SUNY Plattsburgh

Hazler, Kaylee - SUNY Plattsburgh, SUNY Morrisville, Keuka*

Howard, Autumn - SUNY Plattsburgh, SUNY Potsdam, CCC

Hunter, Reece - SUNY New Paltz, CUNY- Hunter College, CUNY- City College, Borough of Manhattan CC

Kadlac, Brooklynne - SUNY Plattsburgh, SUNY Potsdam, SUNY Stony Brook, Keuka College, U of Rochester

Kotsogiannis, Liam - U of Rhode Island, U Albany, Albany College of Pharmacy

LaDuke, Cierra - SUNY Plattsburgh, SUNY Canton, SUNY Potsdam, Clarkson (HEOP), Ithaca College

Lennox, Becca- SUNY Plattsburgh, SUNY ESF, U Albany

McCray, Miya- SUNY Plattsburgh, Siena, St. Rose*

McDonald, Alexis - SUNY Plattsburgh, SUNY Binghamton, Siena

McDonald, Cierra - SUNY Plattsburgh, SUNY Oneonta, U Albany, Siena

Metcalfe, Jadyn - SUNY Plattsburgh, SUNY Potsdam, SUNY Oswego, Providence College, Boston College

Mulvey, Anson -

Murray, Grace - SUNY Plattsburgh, SUNY Delhi, SUNY Morrisville

Nichols, Chase - U Albany, SUNY New Paltz, Siena, URI, UVM

Niles, Dawson- SUNY Plattsburgh, U of Rhode Island, Le Moyne, Siena

Owen, Claire Lynn- SUNY Plattsburgh, SUNY Oswego, U Albany, Siena, Le Moyne

Parker, Kiarah - SUNY Plattsburgh, SUNY Potsdam, CCC

Perry, Lia- SUNY Plattsburgh, SUNY Cortland, SUNY Oneonta, College of St. Rose

Pratt, Chloe - SUNY Plattsburgh, SUNY Potsdam, SUNY Cortland, U Albany, Buffalo State

Rabideau, Laine - Daemen, Mass College of Art & Design

Rentas- Panteleon, Aden - SUNY Delhi, SUNY Plattsburgh, SUNY Canton, SUNY Polytechnic

Rivera, Lorelei - SUNY Plattsburgh

Roberts, Avery -

Savoir, Madyson - SUNY Plattsburgh

Schenk, Elijah-

Sheason, Cali- SUNY Canton, Champlain College, RIT

Smith, Carissa- SUNY Plattsburgh, SUNY Canton, Binghamton, U Buffalo, Stony Brook

Sosa, Liliana- Stanford

St. Jacques, Mackenzie - SUNY Plattsburgh, Siena, SUNY Canton, UVM

Stewart, Roze - SUNY Canton, SUNY Canton, Thiel U

Swinyer-Churchill, Dee- SUNY Canton, SUNY Ulster, New Paltz

Tavernier, Jordyn-

Taylor, Ashton -

Trombley, Brook -

Valk, Taylor - SUNY Plattsburgh, SUNY Canton, SUNY Morrisville, SUNY Polytechnic

Vincent, Keaton -

Way, Vivienne - Clarkson, SUNY Plattsburgh, SUNY Stony Brook

Green = Accepted

Red = Attending

* = Scholarship

CAREER SPOTLIGHT: ENVIRONMENTAL SCIENTIST

Career Description:

Environmental scientists use their knowledge of the natural sciences to protect the environment and human health.

Duties:

Environmental scientists typically do the following:

- Determine data collection methods for research projects, investigations, and surveys
- Collect and compile environmental data from samples of air, soil, water, food, and other materials for scientific analysis
- Provide information and guidance to government officials, businesses, and the general public on possible environmental hazards and health risks
- Prepare technical reports and presentations that explain their research findings

Required Education:

For most entry-level jobs, environmental scientists must have a bachelor's degree, however, a master's degree may be needed for advancement. A bachelor's degree in environmental science offers a broad approach to the natural sciences. Students typically take courses in biology, chemistry, geology, and physics. Many programs include an internship, which allows students to gain practical experience.

Earnings:

The median wage for environmentalists was \$73,230 in 2021. Most environmental scientists work full time with work split between the office and field.

Future Outlook:

Employment of environmental scientists is projected to grow 8 percent from 2020 to 2029, much faster than the average for all occupations.

Programs Nearby:

- SUNY Plattsburgh
- Paul Smith's College
- Clarkson University
- SUNY Potsdam



COLLEGE SPOTLIGHT: PAUL SMITH'S COLLEGE

Fast Facts:

Paul Smith's College is a small, private four-year college in the heart of the Adirondacks. This scenic location provides hands-on experience in fields such as the natural sciences, sustainability, forestry and recreation.

Size: Approximately 750 students

Students: 46% are first-generation

20+ Majors

98% receive scholarships/financial assistance

Environmental Sciences Program

Students in the Environmental Sciences program have a rare opportunity to directly study ecosystems and environmental issues within the Adirondacks.

The program allows students to tailor their coursework to their interests within this broad field of science. Students will:

- Participate in biological and habitat surveys of forests, lakes, wetlands, and streams.
- Analyze data and present the findings through written and verbal communications.
- Study environmental issues related to soil and water conservation, land uses and water quality.
- Participate in long-term ecological studies at the Smitty Creek Watershed project.
- Work with the Adirondack Watershed Institute on research, citizen outreach and hands-on stewardship to preserve water quality and manage invasive species.

The eight-semester sequence provides opportunities for summer employment, internships and study abroad. Environmental Sciences requires proficiency in science and math as a foundation for conducting research.

Environmental Sciences pairs well with minors:

- Geographic Information Systems (GIS)
- Chemistry
- Forestry
- Environmental Communications



**PAUL
SMITH'S**
COLLEGE



SENIORS

TIME FOR SCHOLARSHIPS!



Congratulations to all of you who have their college applications submitted! For those of you who aren't quite there, time is ticking. Colleges seem to be getting decisions out quicker this year, but the sooner you get your application packages in, the more money you could be eligible for. Once the FAFSA is released at the end of December, it will be time to get this form completed. As we mentioned at our Financial Aid Night, we will be assisting all of you with this process.

One thing you can also be working on is looking for scholarships to apply for. This takes a little bit of effort on your part, but it could mean more free money for college! One thing is for certain, if you never apply, you will never get the award! The best place to start is a place very close to home, your School Counseling Office. Each of these offices and school webpages have a list of local scholarships available to students in your school. We have all of these links on our Senior page on the UB website. These local scholarships may have specific criteria for each scholarship, but there are many open to all graduating seniors.

Another place to look is your future college. Scholarships based on your grades (merit-based) are usually listed on the school's website, and may involve an additional application to be considered. Don't leave any money on the table when it comes to funding your education!

The last spots to consider when looking for scholarship money are community organizations and your employer, if you have a job. Larger chains definitely offer scholarships to their employees, but smaller ones may as well.

Here are some examples of local scholarships offered in our area:



AuSable Valley Central School

- Roy Ano Memorial Scholarship- \$1,000
- Henry Caito Memorial Scholarship- \$4,000
- Keeseville Volunteer Fire Department - \$1,000

Saranac Lake Central School

- Tyler Leidig Summer Basketball Camp Scholarship
- Howard V. Littell Scholarship Fund
- Brian Muldowney Memorial Scholarship Fund



Peru Central School

- Peru Lions Club- \$600
- Frederick Schaefer Memorial Leadership Scholarship- \$1,000
- Trail Finders Snowmobile Club Scholarship- \$300

POETRY PLACE (CLASSICS EDITION)

I Wandered Lonely as a Cloud

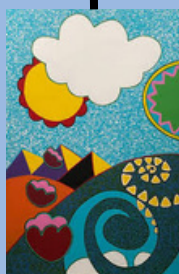
By William Wordsworth

I wandered lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.

Continuous as the stars that shine
And twinkle on the milky way,
They stretched in never-ending line
Along the margin of the bay:
Ten thousand saw I at a glance,
Tossing their heads in sprightly dance.

The waves beside them dance; but they
Out-did the sparkling waves in glee:
A poet could not but be gay,
In such a jocund company:
I gazed--and gazed--- but little thought
What wealth the show to me had brought:

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils.



The Road Not Taken

By Robert Frost

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in undergrowth;

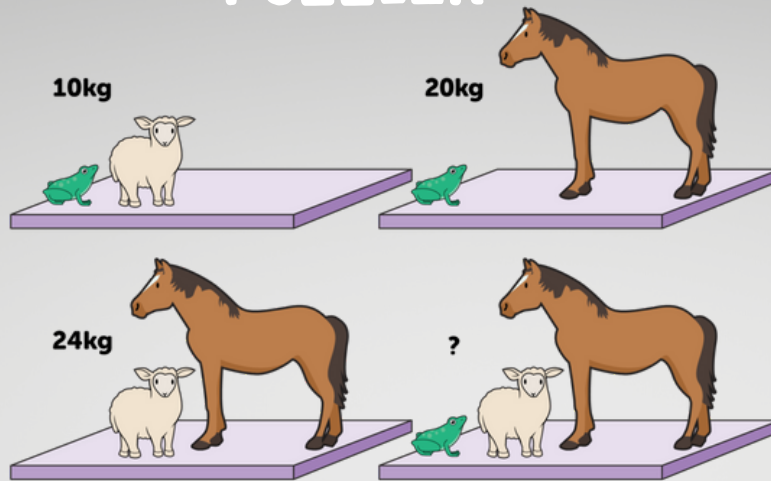
Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I---
I took the one less traveled by,
And that has made all the difference..



PUZZLER



What is the missing weight of all three animals?

Email Brian at brian.post@plattsburgh.edu to possibly win a prize!

What are your UB friends up to?

[Rylee Adams](#) - Varsity Basketball, NHS, Youth Court
[Kendra Baisi](#) - Indoor Track, Art Club
[Maddison Begg](#) - Senior Band President (Trumpet)
[Ayla Binns](#) - Cheer, Drama Club, PHS Newspaper
[Emily Bissonette](#) - Basketball, Girl Scouts
[Jocelyn Boussey](#) - Creative Arts Club
[Tyler Bowen](#) - Basketball
[Ellie Bowers](#) - LGBTQ+ Club, Library Club
[Calvin Branchaud](#) - Band (Percussion), Drama Club, Basketball, Cross Country, Chorus, Boxing Club
[Asa Bruno](#) - Varsity Cross Country, Track & Field
[Ava Castine](#) - FFA (Sentinel), Key Club, Drama Club, 4-H, NSHSS
[Leanne Cook](#) - NHS, Science Club, United Voices Club, Key Club, Indoor Track
[Lillian Cotten](#) - Cross Country, Indoor Track, Band, Environmental Club
[Andrew Denton](#) - Varsity Soccer, Class President, Student Council (VP), Yearbook (Chief, Editor & Photographer), Harvard, Beekmantown, & North Country Model UNs
[Joel Dinovo](#) - National Honor Society
[Kaylin Duprey](#) - FFA
[Griffin Durocher](#) - Model UN, Snowboarding, SADD Club, Drama Club, Ski Club, Leo Club
[Dylan Facticeau](#) - E-Sports, DnD
[Madison Fessette](#) - National Honor Society, Soccer, Basketball
[Alexis Gadway](#) - Volleyball, Basketball, Key Club, Drama Club, French Club
[Edwin Garcia Jr](#) - Varsity Football, Indoor Track
[Elijah Gonzalez](#) - Ski Club
[Marissa Guerard](#) - Basketball, Football Cheer
[Josalynn Hart](#) - Varsity Volleyball
[Madison Hathaway](#) - Varsity Volleyball
[Kaylee Hazler](#) - NHS, PSET
[Elijah Hendrix](#) - Varsity Football, Indoor Track
[Autumn Howard](#) - Varsity Swim, NAHS (Officer), PSET (Officer)
[Reece Hunter](#) - Band Treasurer (Alto Sax), Newsletter Club, Yearbook Club (Secretary)
[Cameron Kenison](#) - Varsity Basketball
[Madison LaPorte](#) - Volleyball, Drama Club

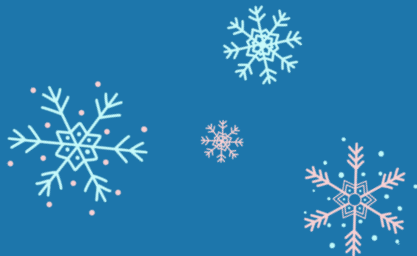
[Allie Lennox](#) - Band (Trumpet), Varsity Volleyball, FFA (Treasurer), JV Basketball
[Becca Lennox](#) - Cross Country, American Legion Oratorical Contest, NHS, Student Council Rep, Musical
[William Liu](#) - Science Olympiad
[Jadyn Metcalfe](#) - Varsity Cross Country, Varsity Track and Field, NHS
[Chase Nichols](#) - 1st Chair Flute in Band & Area All State, NYSSMA, Area All County Orchestra, Drama Club (VP), Chorus, GSA Club
[Kiarah Parker](#) - Chorus (Secretary)
[Danna Pérez](#) - Basketball, Student Council Treasurer
[Aubrey Pickreign](#) - Drama Club, CFES, Class Secretary, Figure Skating
[Araya Pierre Louis](#) - Comp Dance Class, Adv. & Teen Hip Hop Dances, Drama Club (President), The Alibis Play
[Lilyan Powers](#) - Environmental Club, Fall Play: Radium Girls, Drama Club
[Sarah Prickitt](#) - Drama Club (Treasurer), Equalosity (VP), Art Club, Science Olympiad, Newspaper Club
[Maddison Relation](#) - Volleyball, CFES
[Loralei Rivera](#) - Butterfly Effect Club, Youth Court, PSET, Cheer, Model UB, Drama Club, Boxing
[Brianna Robart](#) - Figure Skating
[Cali Sheason](#) - NHS, Photo Restoration (Senior Project), Musical
[Skyler Smart](#) - Yearbook Club (Secretary), Varsity Volleyball, PSET, NAHS, Indoor Track, Varsity Club
[Oryion Sorrell](#) - CFES
[Liliana Sosa](#) - Varsity Basketball (Captain), Bioethics Club (President), Science NHS, Class VP, NHS, Model UN (VP), Spanish Club
[Anne-Marie Sprague](#) - Art-Enrichment Club, CKC Club, French Club, Bowling
[Roze Stewart](#) - Drama Club
[Zach Stroup](#) - Chorus (Tenor)
[Zoe Timmons](#) - Band (Trombone), Chorus, Adv. Art
[Brook Trombley](#) - NHS, Varsity Volleyball (Captain), New Visions Medical
[Phineas Turner](#) - Band (Clarinet), E-Sports
[Brooklyn Valentin](#) - JV Basketball, Band (Baritone Euphonium)
[Orion Winnicki](#) - Drama Club, Poetry Club, GSA
[Sophie Yost](#) - Varsity Cross Country, Varsity Indoor Track, Peer Connectors, Varsity Club, Adventure Club, Mentoring



HIGH HONOR ROLL

Ava Bedard
Emily Bissonette
Tess Blair
Sophia Bosley
Jocelyn Bouissey
Christopher Brown
Asa Bruno
Dustin Burke
Alida Carlson
Trinity Carter
Ava Castine
Aidan Castle-Hackett
Alex Charland
Leanne Cook
Lillian Cotten
Jacob Crawford
Bree Davis
Hunter DeMar
Joel Dinovo
Ellie Dodge
Griffin Durocher
Alexis Gadway
Logan Gadway
Sam Gonyo-LaFountain
Alauna Goodman
Marissa Guerard
Laura Guerrero Ruiz
Jade Hayford
Kaylee Hazler
Reece Hunter
Payton Jansson
Brooklynne Kadlac
Adelle Kalvaitis
Liam Kotsogiannis
Skyler LaBarge
Noah LaBombard
Quin Lane
Lukas Langdon
Madison LaPorte
Allie Lennox
Angie Lennox
Becca Lennox
William Liu

Miyah McCray
Alexis McDonald
Malik McDuffie
Luke McGee
Mari Mendoza
Jadyn Metcalfe
Anson Mulvey
Grace Murray
Madison Nephew
Dawson Niles
Claire Lynn Owen
Danna Perez
Lia Perry
Aubrey Pickreign
Emily Poupore
Lily Powers
Chloe Pratt
Prickitt
Maddison Relation
Avery Roberts
Madyson Savoir
Cali Sheason
Skyler Smart
Liliana Sosa
Mackenzie St. Jacques
Phoenix Stanley
Brianna Robart
Kirsten Stahl
Bailey St. John
Roze Stewart
Jordyn Tavernier
Kaylin Todd
Brook Trombley
Phineas Turner
Diana Whitney
Sophia Yost



HONOR ROLLS

HONOR ROLL

Rylee Adams
Talia Anastasia
Kendra Baisi
Emma Barber
Maddison Begg
Ayla Binns
Robert Bowen
Zoey Bushey
Lanie Coolidge
Natalie Creighton
Oliver Cribb
Alex Dawson-Ellis
Andrew Denton
Kaleb Dupee
Kaylin Duprey
Madison Fessette
Lauren Gilbert
Elijah Gonzalez
Elijah Hendrix
Cameron Kenison
Muna Kujabi
Cierra LaDuke
Kendra McLean
Chase Nichols
Lydia Pekrul

**"THERE'S ROOM FOR
EVERYONE ON THE NICE
LIST!" ~ BUDDY THE ELF**



Araya Pierre Louis
Wren Recore
Loralei Rivera
Brian Simpson
Carissa Smith
Oryion Sorrell
Zach Stroup
Makayla Sweet
Ghost Switzer
Nevaeh Toohey
Taylor Valk
Kamri Vincent
Vivienne Way
Orion Winnicki
Shasta Winters



RECENT EVENTS

Wow...what an action-packed fall season we've had at Upward Bound! Starting with our class workshops in early October and wrapping up most recently with our last college visit of the semester, it's really great to see so many of you eager to participate. We once again visited many of our regional colleges; with **SUNY Potsdam**, **Clarkson University**, **SUNY Canton**, **St. Lawrence University**, **Paul Smith's College** and **SUNY Albany (Virtual)** making the list. We also ventured across the lake with some UB sophomores to the **University of Vermont** to tour the campus.

Nice work everybody!



WHAT DOES IT MEAN TO BE A FIRST-GENERATION COLLEGE STUDENT?

Being a first-generation college student means that you come from a family where no parent has graduated from college. This in itself can put you at a distinct disadvantage when trying to navigate the college-going process. The good news is that we are here to help!

The federal TRIO programs (which include Upward Bound and Student Support Services) were created to help students overcome economic, social, academic, and cultural barriers to higher education. The law mandates that two-thirds of TRIO students must come from families with incomes no greater than 150% of federal poverty levels and in which neither parent graduated from college. The services they provide help TRIO students achieve college degrees at much higher rates than the national average.

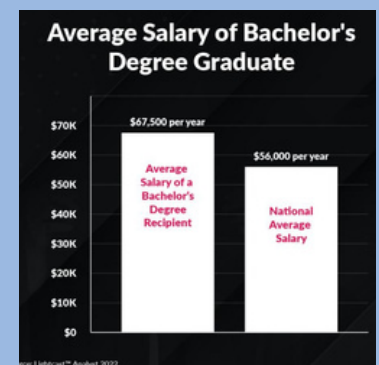


IS COLLEGE NECESSARY FOR A SUCCESSFUL FUTURE?

THIS QUESTION IS OFTEN BASED ON THE VARIOUS STORIES OF BILL GATES, STEVE JOBS, AND OTHER SUCCESSFUL BUSINESS OWNERS WHO DID NOT ACQUIRE THEIR COLLEGE DEGREES. HOWEVER, THESE EXPERIENCES ARE THE EXCEPTION AND NOT THE RULE.

10 BENEFITS OF HAVING A COLLEGE DEGREE

1. INCREASED ACCESS TO JOB OPPORTUNITIES
2. PREPARATION FOR A SPECIALIZED CAREER
3. INCREASED MARKETABILITY
4. INCREASED EARNING POTENTIAL
5. ECONOMIC STABILITY
6. NETWORKING OPPORTUNITIES
7. A PATHWAY TO ADVANCEMENT
8. PERSONAL GROWTH AND IMPROVED SELF-ESTEEM
9. HIGHER JOB SATISFACTION
10. POSITIVE RETURN ON INVESTMENT



BIRTHDAYS

DECEMBER

GABE GARRANT- 12/6
ANDREW DENTON- 12/6
WILLIAM LIU- 12/7
LEENA HOSELER- 12/11
PHINEAS TURNER- 12/12
NOAH BESIO-MELECH-12/13
LUCAS ALLEN- 12/17
SAM GONYO-LAFOUNTAIN- 12/18
JOEL DINOVO- 12/18
AVA BEDARD- 12/19
VIVIENNE WAY- 12/20
SOPHIE YOST- 12/20
LOGAN GADWAY- 12/23
CALI SHEASON- 12/28
AVA CASTINE- 12/28



JANUARY

BRIAN SIMPSON- 1/1
SKYLER SMART-1/2
GHOST SWITZER-1/3
LORALEI RIVERA-1/3
KAYLEE HAZLER- 1/4
LAURA GUERRERO RUIZ- 1/6
MADISON LAPORTE- 1/6
ORYION SORRELL- 1/9
NATALIE CREIGHTON- 1/9
KAYLIN TODD- 1/10
DANNA PEREZ- 1/11
CIERRA MCDONALD- 1/11
MADYSON SAVOIR- 1/11
SHAYLENE LARAMIE- 1/12
AUBRIANA BUDGE- 1/18
BRIANNA ROBERT- 1/19
LAUREN GILBERT- 1/19
JAYDEN CONFESSORE- 1/19
LANIE COOLIDGE- 1/20
ASTACIA BRUNO- 1/25
ISAIAH PARKS- 1/27
KIRSTEN STAHL- 1/28



New FAFSA- What to Expect

- **When will the new FAFSA be available?** The expected launch is **December 31, 2023**
- **Fewer Questions-** The new FAFSA will contain significantly fewer questions.
- **You can list more colleges-** Students can list up to 20 colleges, up from 10 previously.
- **Pell Grant award expands-** More than 600,000 more students will be eligible for Pell Grants. The maximum award of \$7,395 is money that does not have to be paid back.
- **All contributors need FSA IDs-** The FSA ID (the Studentaid.gov username & password) will be required of all contributors (you, your biological or adoptive parents, or your parent's spouse). This can be done anytime by visiting studentaid.gov
- **Sibling discount removed-** Parents will no longer get a break for having multiple children in college at the same time.
- **IRS imports tax information-** All contributors must agree to allow the IRS to directly import their federal tax information to the FAFSA.

UPCOMING EVENTS

DECEMBER 18-JANUARY 12

NO SCHOOL VISITS- HOLIDAY BREAK

JANUARY 12

FAMILY NIGHT- SUNY PLATTSBURGH HOCKEY GAME

JANUARY 15

WINTER FUN DAY- LAKE PLACID

FEBRUARY 21-23

NATIONAL TRIO DAY- SPRINGFIELD, MASS(SELECT JUNIORS ONLY)

MORE TO COME IN SPRING....

JULY 1 - AUGUST 8

UB SUMMER PROGRAM



UB SCHOLARS INC. - WHAT IS IT?



Upward Bound Scholars Inc. is our program's scholarship fund that assists current UB students with costs associated with preparing for college (such as CAP & AP courses). It also awards annual scholarships to UB alumni who are currently enrolled in college.

Throughout the school year we hold a couple big fundraisers that we ask your assistance with. The current Basket Raffle and a lottery ticket fundraiser are the go-to ones we've used in recent years. We are also always open to donations if people are willing!



2ND ANNUAL *UB Scholars Inc.* **BASKET RAFFLE**

Check out our digital order form here!

OR

visit www.ubplattsburgh.org/scholars-inc