



SUNY PLATTSBURGH UPWARD BOUND STUDENT NEWSLETTER

Division of Enrollment and Student Success

February/March 2024

Hello Everyone,

As I walked through the SUNY Plattsburgh campus recently I noticed students in shorts, some riding skateboards, others eating outside, and thought...what month is this? I looked at my watch and was soon back to my senses, realizing it was only February! Still, that doesn't stop me from thinking about warmer times and the Upward Bound Summer Program! I know most of you have received the summer paperwork packet by now, and have learned that we are heading to the Big Apple (NYC!) on our Leadership Trip. It's been quite a while since New York was our destination, and as usual, we have a great trip planned! Must-see locations such as Broadway, the Statue of Liberty, Central Park, and the Brooklyn Bridge are all on agenda. We also have colleges and other sites to visit, making this Leadership Trip among the best yet!

First things first, keep focused on your academics and good things will happen. Within these pages you will see that nearly two-thirds of you are on the honor roll this quarter! This is amazing news. Either all of our nagging has paid off, or you all have figured out how to study, do homework and reap the benefits of being an engaged student! This certainly will pay off when you apply to colleges during your senior year.

Speaking of seniors, congratulations on all of your college acceptances! Now, the waiting game is on. As you will read in the *Counselor's Corner*, delays with the FAFSA are pushing final college decisions later this year. Be patient, because every senior in the country is in the same boat, waiting to see what the final cost of college will be. Stay focused and have fun these final quarters of high school.

See you all soon!

~Brian

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February - March 2024



COUNSELOR'S CORNER WITH JULIE



What If My Financial Aid Award is Late?

In an already tumultuous year for college hopefuls, news that financial aid award letters will likely be late is the latest blow. The delay puts high school seniors under pressure to decide on a college with little or no time to weigh the most important factor: cost.

The U.S. Department of Education said rolling out the new Free Application for Federal Student Aid (FAFSA) has been a “major” undertaking, which has been complicated by a number of recent setbacks. In an update Tuesday, the department said colleges won’t receive FAFSA applicant information until early March, instead of late January as initially estimated.

What the FAFSA delays mean to you

In ordinary years, financial aid award letters are sent around the same time as admission letters so students have several weeks to compare offers ahead of National College Decision Day on May 1, which is the deadline many schools set for admitted students to decide on a college. For most students and their families, which college they will choose hinges on the amount of financial aid offered and the breakdown between grants, scholarships, work-study, and student loans.

This year, schools are now waiting on that FAFSA information to begin building financial aid packages and to give students and families enough time to weigh their options. “It is a real mess,” said higher education expert Mark Kantrowitz. “The delay in sending FAFSA data to colleges will cause college financial aid offers to be delayed until at least April, maybe even May.”

What students and families can do now

For now, families should continue to complete their 2024-25 FAFSA forms, advised Rick Castellano, a spokesperson for Sallie Mae. And, in the meantime, tap alternative sources for merit-based aid, he added. Check with the college, or ask your high school (and UB!) counselor about local opportunities. You can also search websites such as Scholarships.com and the College Board.

“The frustration is totally understandable and, frankly, justified,” Castellano said, “but the last thing you want to do is bypass college altogether.”

What delays mean for College Decision Day

There’s also a good chance that colleges and universities will extend their decision deadlines to give students and families more time to assess their financial aid packages. “Given schools will not begin to receive processed FAFSA data until sometime in March, I would not be surprised if the universal reply date is extended to June 1 or later,” said Kalman Chany, a financial aid consultant and author of The Princeton Review’s “Paying for College.” “During the pandemic, many institutions extended their enrollment, scholarship, and financial aid deadlines beyond the traditional May 1 date, and we urge institutions to make similar accommodations this year,” the groups said in a collective statement. “We all want students and families to have the time they need to consider their financial options before making enrollment decisions.”

Upward Bound Seniors

UB is here to support you through this process. Check your email regularly for communications from your colleges and FAFSA, and stay in regular contact with your UB counselor – we will make sure your college decision isn’t hindered by delays or deadlines and will help you make the best college choice for you!



CAREER SPOTLIGHT

Media Producer

Career Description: Film and video editors, or camera operators manipulate images to entertain and inform an audience. Editors arrange footage shot by cameras and work with directors to create the final content.

Duties: Film and video editors typically:

- Shoot and record television program, films, music videos, documentaries, or news and sporting events
- Organize digital footage with video-editing software
- Collaborate with the director to determine the overall vision of the production

Education: Most positions require a bachelor's degree in a field related to film or broadcasting, such as communications. Many colleges offer courses in cinematography or video editing.

Salary: The median annual wage for film and video editors was \$67,250, with the highest 10% earning more the \$123,220.

Outlook: Overall employment of film and video editors is projected to grow by 18% from 2022-2029, much faster than the average for all occupations.



COLLEGE SPOTLIGHT

SUNY Oswego

Enrollment: 6,673 undergraduates
Middle 50% of freshman GPA: 86-93
Student/Faculty Ratio: 17:1
Location: 35 miles NW of Syracuse
www.oswego.edu

Broadcasting & Mass Communication Major

Discover media creation and production, and the interrelated natures of media industries. Areas of studies include audio and video production, broadcast journalism, copywriting and media management with offerings in social media and integrated media design.

Students get a chance to run media such as WNYO-radio and WTOP-TV. They can pursue a co-op or an internship with government, not for profits, regional media--such as on-campus National Public Radio affiliate, WRVO, or other national networks such as ABC, CBS, NBC, or ESPN.



Travel to Hollywood

The Hollywood POV program takes students to the entertainment capital of the world to explore the many careers paths in the media production industry. Students tour studios and soundstages, watch productions take shape and network with industry insiders!

"In most classes, the field work begins in the first week. You learn as much practical skill as you do content. From cameras to lighting, to post-production, I've learned it all."

Ethan- B & MC major

COLLEGE APPLICATIONS & ACCEPTANCES

Allen, Lucas - CCC, SUNY Canton, SUNY Plattsburgh, SUNY Brockport, St. Lawrence, Keuka, UAlbany, SUNY Potsdam

Baisi, Kendra -

Begg, Maddison - SUNY Plattsburgh, SUNY Potsdam, Siena, CCC

Besio-Melech, Noah- SUNY Plattsburgh, Alfred State, SUNY Canton, SUNY Potsdam, SUNY Oneonta

Bissonette, Emily- SUNY Plattsburgh, SUNY Oswego, SUNY Potsdam, SUNY Morrisville, Skidmore, Clarkson, U Albany, SUNY Canton, Siena

Blair, Tess - Clarkson, Siena, St. John Fisher, Johnson & Wales, U of New Haven, RIT U Albany,

Bosley, Sophia- SUNY Plattsburgh

Bushey, Zoey - SUNY Plattsburgh

Carter, Trinity- Adelphi, Albright College, Canisius College

Charland, Alex- CCC, SUNY Plattsburgh

Cook, Leanne - Clarkson, SUNY Plattsburgh, UVM, SUNY Binghamton, St. Michael's College

Cook-Chevier, Rebecca- SUNY Plattsburgh, SUNY Canton, SUNY Oswego

Coolidge, Lanie - SUNY Plattsburgh

Crawford, Jacob - SUNY Oswego

Creighton, Natalie - SUNY Oswego, SUNY Plattsburgh, St. Lawrence, Bridgewater State

Cribb, Oliver - SUNY Cobleskill

Curry, Aleah - Siena, SUNY Plattsburgh, SUNY Canton, UVM

Davis, Bree- SUNY Canton, SUNY Delhi*, U Albany, HVCC, Lebanon Valley College, Husson, LeMoyne

Dawson-Ellis, Alex- SUNY Purchase, SUNY Poly, SUNY Stony Brook, Full Sail U, NYU, U of Louisiana- Lafayette

Dodge, Ellie- SUNY Oneonta, SUNY Delhi, SUNY Cobleskill, Paul Smith's

Dupee, Kaleb - SUNY Canton, SUNY Cobleskill

Gadway, Logan - SUNY Plattsburgh

Garrant, Gabriel - SUNY Binghamton, SUNY Stony Brook

Gonyo, Sam - SUNY Brockport, SUNY Plattsburgh, SUNY Brockport, Baylor, Penn State, Arizona State, Ithaca, Hartwick

Goodman, Alauna - CVPH School of Radiology

Guerard, Marissa - SUNY Plattsburgh, SUNY Potsdam, SUNY Fredonia, NYU,

Hathaway, Madison- SUNY Delhi, SUNY Plattsburgh

Hazler, Kaylee - SUNY Plattsburgh, SUNY Morrisville, Keuka*

Howard, Autumn - SUNY Plattsburgh, SUNY Potsdam, CCC

Hunter, Reece - SUNY New Paltz, CUNY- Hunter College, CUNY- City College, Borough of Manhattan CC

Kadlac, Brooklynne - SUNY Plattsburgh*, SUNY Potsdam, SUNY Stony Brook, Keuka College, U of Rochester

Kotsogiannis, Liam - U of Rhode Island, U Albany, Albany College of Pharmacy

LaDuke, Cierra - SUNY Plattsburgh, SUNY Canton, SUNY Potsdam, Clarkson (HEOP), Ithaca College

Lennox, Becca- SUNY Plattsburgh, SUNY ESF, U Albany

McCray, Miya- SUNY Plattsburgh, Siena, St. Rose*

McDonald, Alexis - SUNY Plattsburgh, SUNY Binghamton, Siena

McDonald, Cierra - SUNY Plattsburgh, SUNY Oneonta, U Albany, Siena

Metcalfe, Jadyn - SUNY Plattsburgh*, SUNY Potsdam, SUNY Oswego, Providence College, Boston College

Mulvey, Anson - SUNY Plattsburgh, Ithaca College, Nazareth, SUNY Fredonia, SUNY Potsdam

Murray, Grace - SUNY Plattsburgh, SUNY Delhi, SUNY Morrisville

Nichols, Chase - U Albany, SUNY New Paltz, Siena, URI, UVM

Niles, Dawson- SUNY Plattsburgh, U of Rhode Island, Le Moyne, Siena

Owen, Claire Lynn- SUNY Plattsburgh, SUNY Oswego, U Albany, Siena, Le Moyne

Parker, Kiarah - SUNY Plattsburgh, SUNY Potsdam, CCC

Perry, Lia- SUNY Plattsburgh, SUNY Cortland, SUNY Oneonta, College of St. Rose

Pratt, Chloe - SUNY Plattsburgh, SUNY Potsdam, SUNY Cortland, U Albany, Buffalo State

Rabideau, Laine - Daemen, Mass College of Art & Design

Rentas- Panteleon, Aden - SUNY Delhi, SUNY Plattsburgh, SUNY Canton, SUNY Polytechnic

Rivera, Lorelei - SUNY Plattsburgh

Savoir, Madyson - SUNY Plattsburgh*

Schenk, Elijah-

Sheason, Cali- SUNY Canton, Champlain College, RIT

Smith, Carissa- SUNY Plattsburgh, SUNY Canton, Binghamton, U Buffalo, Stony Brook

Sosa, Liliana- Stanford

St. Jacques, Mackenzie - SUNY Plattsburgh*, Siena, SUNY Canton, UVM

Stewart, Roze - SUNY Canton, SUNY Canton, Thiel U

Swinyer-Churchill, Dee- SUNY Canton, SUNY Ulster, New Paltz

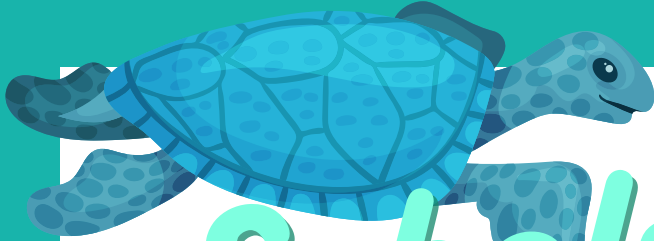
Tavernier, Jordyn-

Trombley, Brook - SUNY Brockport, SUNY Canton, SUNY Plattsburgh

Valk, Taylor - SUNY Plattsburgh, SUNY Canton, SUNY Morrisville, SUNY Polytechnic

Vincent, Keaton - Paul Smith's, SUNY Plattsburgh, SUNY ESF

Way, Vivienne - Clarkson, SUNY Plattsburgh, SUNY Stony Brook



Scholarships!

College-Specific Scholarships

Despite the many local scholarships that are available through your high school or other organizations, many colleges have their own series of scholarships available to incoming freshman. Some are automatically offered to you based on your academic transcript (merit-based), but others may require an additional application to be eligible. Below are some examples offered at colleges many of our UB students attend.

SUNY Oswego

Presidential Scholarship

- Based on core GPA
- \$6,000 annual award
- Renewable up to 4 years
- Students must live on-campus



Siena College

Presidential Scholarship

- Rigorous H.S. Curriculum
- 90+ GPA
- Involvement in school and community
- \$22,500 annually

SUNY Potsdam

Provost Program

- 95+ GPA
- Awards up to \$5,000



Dean's Program

- 90-94 high school GPA
- Awards up to \$3,500



SUNY Albany

Merit Scholarships for First-Year Students

- **\$12,500 UAlbany Scholarship**
- May be used for tuition, fees, room and board, and is renewable for up to three years
- **\$6,000 UAlbany Scholarship**
- Renewable for up to 4 years (\$24,000)
- May be used for expenses other than tuition



"Off to a Good Start" Monthly Winners

- October- **Alex Charland**
- November- **Taylor Valk**
- December- **Lia Perry**
- January- **Liam Kotsogiannis**

Keep up the good work! Speak to your Counselor if you have not received your prize.

All seniors who have met all the deadlines are eligible for the laptop drawing!



POETRY PLACE

Wide Receiver By Mark Halliday

In the huddle you said “Go long—get open”
and at the snap I took off along the right sideline
and then cut across left in a long arc
and I’m sure I was open at several points—
glancing back I saw you pump-fake more than once
but you must not have been satisfied with what you
saw downfield
and then I got bumped off course and my hands
touched the turf
but I regained my balance and dashed back to the right
I think or maybe first left and then right
and I definitely got open but the throw never came—

maybe you thought I couldn’t hang on to a ball flung so
far
or maybe you actually can’t throw so far
but in any case I feel quite open now,
the defenders don’t seem too interested in me
I sense only open air all around me
though the air is getting darker and it would appear
by now we’re well into the fourth quarter
and I strongly doubt we can afford to settle for
dinky little first downs if the score is what I think it is

so come on, star boy, fling a Hail Mary
with a dream-coached combination of muscle and faith
and I will gauge the arc and I will not be stupidly frantic
and I will time my jump and—I’m just going to say
in the cool gloaming of this weirdly long game
it is not impossible that I will make the catch.



Upcoming Events



February

- 21-23 National TRIO Day-
Springfield, MA

March

- 10- Green Mt. Scholars Bowl-
SUNY Adirondack

April

- 15-16- Leadership & Governance
Trip- Albany

May

- 2- Job Shadowing Day
- 12- Senior Trip- Proctor’s Musical
- 23- UB Senior Celebration

June

- 6- New Student Orientation

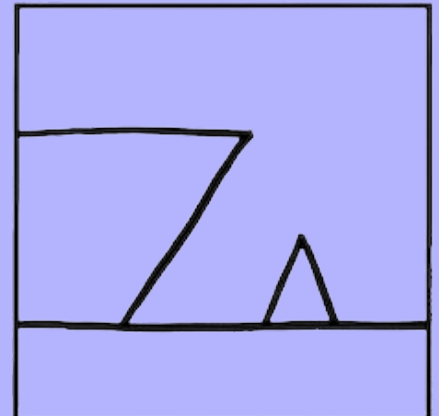
July

- 1-4- Leadership Trip- NYC
- July 8-August 8- Summer
Program

Can you identify this famous
Doodle? Hint: You need to
come up with a title that fits the
drawing to below.

If you think you have it, email
Brian @
brian.post@plattsburgh.edu to
possibly win a prize!

PUZZLER



HIGH HONOR ROLL

Ava Bedard
 Emily Bissonette
 Tess Blair
 Jocelyn Bouissey
 Sophia Bosley
 Chris Brown
 Asa Bruno
 Zoey Bushey
 Alida Carlson
 Ava Castine
 Aidan Castle-Hackett
 Alex Charland
 Leanne Cook
 Lillian Cotten
 Jacob Crawford
 Natalie Creighton
 Bree Davis
 Hunter DeMar
 Andrew Denton
 Joel Dinovo
 Ellie Dodge
 Kaleb Dupee
 Kaylin Duprey
 Griffin Durocher
 Madison Fesette
 Alexis Gadway
 Logan Gadway
 Lauren Gilbert
 Marissa Guerard
 Laura Guerrero Ruiz
 Reece Hunter
 Brooklynne Kadlac

Adele Kalvaitis
 Liam Kotsogiannis
 Lukas Langdon
 Skyler LaBarge
 Noah LaBombard
 Cierra LaDuke
 Madison LaPorte
 William Liu
 Allie Lennox
 Angie Lennox
 Becca Lennox
 Miyah McCray
 Alexis McDonald
 Cierra McDonald
 Malik McDuffie
 Luke McGee
 Mari Mendoza
 Jadyne Metcalfe
 Anson Mulvey
 Chase Nichols
 Danna Perez
 Lia Perry
 Aubrey Pickreign
 Lily Powers
 Prickitt
 Madison Relation
 Avery Roberts
 Cali Sheason
 Brian Simpson
 Skyler Smart
 Mackenzie St. Jacques
 Phoenix Stanley
 Makayla Sweet
 Jordyn Tavernier
 Brook Trombley
 Dawson Niles
 Emily Poupore
 Lili Sosa
 Carissa Smith
 Taylor Valk
 Vivienne Way
 Diana Whitney
 Orion Winnicki
 Sophia Yost



"Good heavens! Pablo got an 'F' in art! ... Well, I'm just going to go down to that school myself and meet this teacher face to face."

HONOR ROLL

Rylee Adams
 Kendra Baisi
 Maddy Begg
 Noah Besio-Melech
 Ayla Binns
 Robert Bowen
 Shakayra Brown
 Aubrey Budge
 Dustin Burke
 Trinity Carter
 Alex Dawson-Ellis
 Gabe Garrant
 Sam Gonyo-LaFountain
 Jade Hayford
 Vivian Hinkley
 Payton Jansson
 Cameron Kenison
 Muna Kujabi
 Quin Lane

**62% of our
 Ubers made the
 Honor Roll!
 Great Job!!**

HAPPY

BIRTHDAY

February

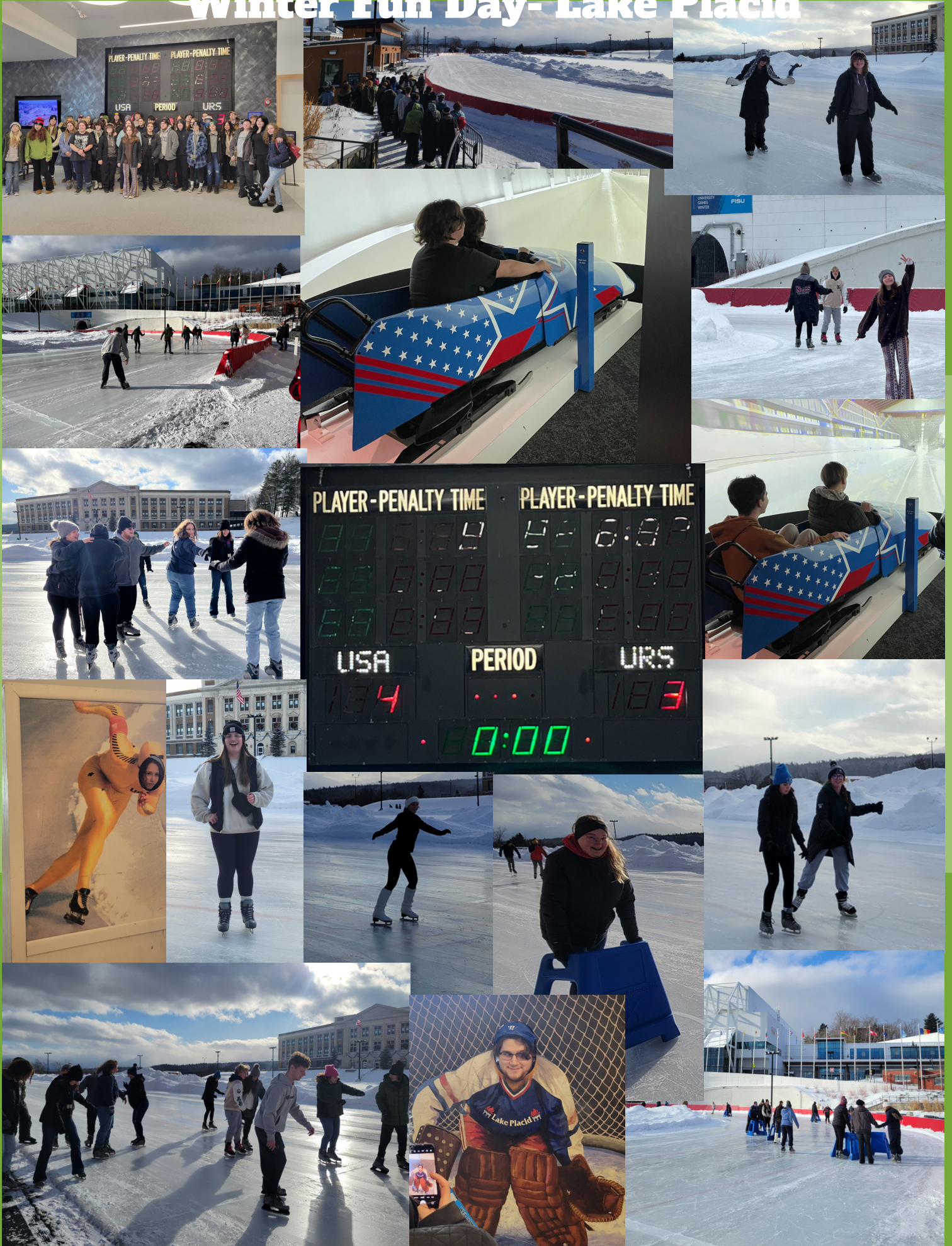
Anson Mulvey- 2/2
 Jordyn Tavernier- 2/3
 Robert Bowen-2/5
 Muna Kujabi- 2/5
 Caleb Babbie- 2/6
 Malik McDuffie- 2/6
 Miyah McCray- 2/7
 Maddy Begg- 2/8
 Reece Hunter- 2/11
 Joe Donaldson- 2/22

March

Adele Kalvaitis- 3/4
 Hudson Ziel- 3/7
 Alex Charland- 3/8
 Marissa Guerard- 3/8
 Emily Poupore- 3/9
 Shasta Winters- 3/12
 Dee Swinyer-Churchill- 3/14
 Keaton Vincent- 3/15
 Calleigh Todd- 3/18
 Shakayra Brown- 3/20
 Dustin Burke- 3/24
 Brenyn Loope- 3/26
 Elijah Gonzalez- 3/27
 Zoey Bushey- 3/29
 Dylan Facticeau- 3/31



Winter Fun Day- Lake Placid



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